

Recipe

World Gourmet Hummus

By

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Ingredients

- 2 cups cooked chickpeas
- ¼ cup water
- 2 tbsp lemon juice
- 2 tbsp tahini (sesame paste)
- Dash of hing
- Dash of sugar, optional
- 1 tsp salt
- 3 tbsp olive oil

Preparation

Mix everything in a blender, until the texture is smooth.

Garnish with parsley and paprika, if desired. Or just garnish with a little bit extra olive oil.
Serve cold or warm with pita bread.

*This is the original recipe shared by World Gourmet!

Serves

6 servings

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