

Recipe

Wood Apple Chutney

By

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Ingredients

- Wood apple - 1
- Salt to taste
- Cumin seeds - 1 tsp
- Red chili powder - 1 tsp
- Jaggery (gur), grated - 2-3 tbsp.

Preparation

1. Break open the wood apple and scoop out the flesh and place it in a mortar.
2. Add salt, cumin seeds and red chili powder and pound till everything is well blended.
3. Add the jaggery and a little water and pound some more till you get a chutney consistency.
4. Serve with matlo undhiyo.

Serves

4 Persons.

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Hare Rama Hare Rama Rama Rama Hare Hare**