

Recipe

Mint Tea

By

Anand Lila devi dasi



Ingredients

- 4 C (950 ml) water
- 1 bunch fresh mint leaves
- 2 Tsp lemon juice
- 3 Tbsp honey

Preparation

1. Bring the water to boil in a saucepan. Add the mint leaves, reduce the heat to very low, cover the saucepan with a lid and let boil for 6-8 minutes.
2. Remove the tea from heat, strain it. Add the lemon juice and honey. Serve hot.

Serves

4

For further details please contact

anandliladd@gmail.com

www.iskcondesiretree.com

**Hare Krishna Hare Krishna Krishna Krishna Hare Hare
Hare Rama Hare Rama Rama Rama Hare Hare**