Recipe Kokum sherbet

By

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Ingredients

Kokum – ½ Cup

Cumin seeds (roasted and ground) – 1 Tsp

Water – 4 cups

Sugar – 2 cups

Preparation

- 1. Soak dried kokum in hot water to cover until soft. Using a blender or food processor, puree with cumin seeds. Strain the puree, discarding the solids.
- 2. Boil water with sugar to make syrup. Add the strained puree to the cooled syrup and mix well.
- 3. Add 1/4 cup of the mixture to a large glass of ice-cold water and mix well. Serve chilled with ice.

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