Recipe

Vermicelli Cutlet

By

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Ingredients

- Vermicelli 1 cup
- Potatoes 5
- Carrot 2
- Green Peas (Frozen) A handful

For Seasoning:

- 1. Ginger 1 tsp
- 2. Chopped Cilantro 2 tbsp
- 3. Lemon juice 1 tsp
- 4. Chili powder 1 tsp
- 5. Cumin powder 1 tsp
- 6. Turmeric powder 1 tsp
- 7. Garam masala powder 1 tsp

- 8. Cumin seeds ½ tsp
- 9. Cooking oil 1 tbsp
- 10. Salt To taste
- 11. Sugar A pinch (optional)

Preparation

- 1. Wash and chop cilantro and keep it aside.
- 2. Peel ginger and then make the paste too.
- 3. Add cooking oil in a vessel and cook vermicelli in a broad based vessel adding 4-5 glasses of water.
- 4. Cook till it is done completely or till soft.
- 5. Then transfer the cooked vermicelli to a colander to drain the water from it completely.
- 6. Then wash, peel and grate carrots and keep aside.
- 7. Grind green peas well in the mixer.
- 8. Boil potatoes in the pressure cooker adding enough water to it until cooked.
- 9. Let the potatoes cool and when cooled peel, grate them and keep aside.
- 10. Place a skillet with 1 tbsp of oil on medium flame and add cumin seeds to it.
- 11. When it splutters add ginger paste. Fry it for 1 minute.
- 12. Add grated carrot and green peas and cook till done on low flame closing it with a lid and stirring 2-3 times in between so that it does not burn.
- 13. When grated carrots & beans are cooked finally add all powders and stir well.
- 14. Transfer it to a broad based bowl along with cooked vermicelli, chopped coriander leaves and grated boiled potatoes.
- 15. Add a pinch of sugar and lemon juice to it and mix well with your hands to bring it to a required consistency.

Method for vermicelli cutlet:

- 1. Mix the mixture well adding lemon juice, salt, turmeric powder, cumin powder, chopped Cilantro, garam masala powder, with your hands and shape them as you want.
- 2. Place a dosa tawa on medium flame and splash a little oil on it.
- 3. When heated place the cutlets on it.
- 4. Fry till the bottom of the cutlets turn crispy or light brown.
- 5. Roast the cutlet from other side till crispy.
- 6. Remove them in a serving dish and serve them along with sauce or chutney.

Serves

4 Persons

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