Recipe

Spicy Tomato Peanut Sabzi

Ву

Dipti Naik, Bloomington, IL ,USA



This simple sabzi has been an all time favorite in my family. It is a comfort food that goes well with hot chapattis or plain rice too.

Ingredients

 Finely Diced Tomatoes - 2 cups Green Chilies -2-3 Cumin seeds 1 tsp Mustard seeds - 1 tsp Curry leaves -6-7 Ginger paste 1 tsp Asafetida a pinch Red Chili powder - 1 tsp Turmeric powder - 1 tsp Coriander powder 1 tsp Garam masala - 1/4 tspSalt to taste - 1 tsp Sugar Crushed peanuts - ½ cup Oil - 2 tblspn

Preparation

- Heat oil in a vessel. When sufficiently hot add mustard seeds and hing. Now add ginger paste, cumin seeds, slit green chilies, curry leaves and sauté. When cumin seeds turn brownish in color add the tomatoes and stir well.
- 2. Now add turmeric, chili powder, coriander powder, salt, sugar and stir well. Cook till tomatoes turn pulpy and ooze oil. Add garam masala and the crushed peanuts and mix well. Cover the vessel and heat for 2-3 minutes more. Garnish with chopped coriander.

Serves

2

For further details please contact

diptinaik108@gmail.com

www.iskcondesiretree.com

Hare Krishna Hare Krishna Krishna Krishna Hare Hare Hare Rama Rama Hare Hare