

Flattened Rice Pilaf

by Anand Lila devi dasi



*"Krishna is very kind.
Therefore, He has given us
his remnants of food stuff"*

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Ingredients

- Flattened rice, thick type (poha)..... 2 C
- Yogurt..... 1 C
- Ghee/oil..... 2 Tbsp
- Black mustard seeds..... 1 Tsp
- Cumin seeds..... 1 Tsp
- Yellow asafetida powder..... ½ Tsp
- Chana dal..... 2 Tsp
- Urad dal..... 1 Tsp
- Peanuts..... ½ C
- Coconut grated..... ¼ C
- Fresh curry leaves..... 8-10
- Ginger finely grated..... 1 Tbsp
- Green chilies..... 2
- Tomatoes chopped..... 3 big
- Turmeric powder..... ½ Tsp
- Sambar powder..... 1 Tsp
- Salt..... 1½ Tsp
- Chopped fresh coriander leaves..... 2 Tbsp
- Cucumber peeled and
Diced into 1 cm cubes..... ½

