

# Burritos

by Anand Lila devi dasi



"Krishna is very kind.  
Therefore, He has given us  
his remnants of food stuff"

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## Ingredients

- Plain flour 6-inch tortillas..... 8  
(if unavailable, substitute with chapattis)
- Sour cream..... 1 C
- Lettuce, shredded coarsely..... 1
  
- Tomato Sauce:**
- Olive oil..... 2 Tsp
- Yellow asafetida powder..... ½ Tsp
- Green chilies..... 2
- Tomato puree ..... 1 ½ C
- Salt..... ½ Tsp
- Sugar..... 1 Tsp
- Lemon juice..... 2 Tsp
  
- Beans:**
- Olive oil..... 2 Tbsp
- Yellow asafetida powder..... 1 Tsp
- Ajwain seeds..... 1 Tsp
- Cumin powder..... ½ Tsp
- Red chillies ..... 2-3 dried
- Cooked beans..... 32 oz or 900 g  
(red or black kidney beans)
- Water ..... ¾ C
- Salt ..... 1 Tsp
- Tomato sauce..... 2 Tbsp

