

## Recipe

### Green and Red Salad

## By

Madhavi d.d.



## Ingredients

¼ cup extra virgin olive oil  
2 tbsp balsamic vinegar  
1/2 tsp salt  
½ tsp pepper  
1 tbsp Dijon mustard  
3 cups of mixed greens (mixed colored leafy lettuces)  
1 cups shredded cabbage  
1/2 bulb fennel, trimmed, thinly sliced  
1 red pepper, thinly sliced  
½ cup fresh Italian parsley leaves  
¼ cup fresh mint leaves

## Preparation

Whisk oil, vinegar, honey, salt, and pepper in a large bowl until blended.  
In a big bowl, mix and toss all the ingredients. Add dressing to toss when it is ready to serve.

## Serves

6

For further details please contact

[madhavidedasi@gmail.com](mailto:madhavidedasi@gmail.com)

[www.iskcondesiretree.com](http://www.iskcondesiretree.com)

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